



## Thomas J. Dinzeo

Associate Professor  
Psychology

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### Education:

BA (Psychology), University of Minnesota  
PhD (Clinical Psychology), Kent State University  
Postdoctoral research, Yale University School of Medicine

### Research Expertise:

Schizophrenia-spectrum disorders | Individual differences | Health and lifestyle

My research focuses on schizophrenia and the schizophrenia-spectrum disorders. I am interested in understanding the individual risk factors that contribute to the development (or exacerbation) of schizophrenia-related disorders. Over the last several years my lab has specifically examined neurocognitive functioning, personality factors, social/interpersonal functioning, & lifestyle behaviors. Recent research has included outpatients with schizophrenia and high-risk samples (e.g. college students with high levels of schizotypy). I am also interested in the relationship between health behaviors (e.g., substance use, stress management, exercise & nutrition) and outcomes in those with schizophrenia-spectrum conditions.

### Member of:

American Psychological Association ([www.apa.org](http://www.apa.org))

Society for the Teaching of Psychology (<http://www.apa.org/about/division/div2.aspx>)

Society for Research in Psychopathology ([www.psychopathology.org](http://www.psychopathology.org))

### Recent Academic Projects:

Current projects include the examination of schizophrenia-spectrum indicators and 1) parental education and income and early life experiences on levels of physical activity and nutrition patterns, 2) the contribution of cognitive and emotional factors in the development of delusional ideation, 3) internet and technology usage related to wellbeing and social functioning, 4) individual differences in physiological response (EEG, blood pressure/heart rate) during visual change detection task. We are also in the process of finalizing a 7-year longitudinal project examining the prediction of academic functioning among college students with varying levels of schizotypy.

### Recent Publications:

Dinzeo TJ, Sledjeski EM, Durner C, Docherty NM (2015) A comparative study of personality trait characteristics and reactivity in schizophrenia using a film clip paradigm. *Am J Psychol.* 128:515-526.

Cohen AS, Dinzeo TJ, Donovan NJ, Brown CE, Morrison SC (2015) Vocal acoustic analysis as a biometric indicator of information processing: Implications for neurological and psychiatric disorders. *Psychiatry Res.* 226:235-241.

Callaway DA, Cohen AS, Matthews RA, Dinzeo TJ (2014) Schizotypal Personality Questionnaire – Brief Revised: Psychometric replication and extension. *Personality Disorders: Theory, Research, and Treatment.* 5:32-38.

Dinzeo TJ, Thayasivam U, Sledjeski EM (2014) The development of The Lifestyle and Habits Questionnaire-Brief version: Relationship to quality of life and stress in college students. *Prev Sci.* 15:103-14.