



Jim A. Haugh
Associate Professor
Psychology

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<http://theroadresearchlab.wixsite.com/theroad>

Education:

BA (Psychology), Baldwin Wallace College
MS (Clinical Psychology), St. Louis University
PhD (Clinical Psychology), St. Louis University
Postdoctoral (Clinical Psychology), University of Michigan

Research Expertise:

Depression and Anxiety | Self-Help | Stepped-Care | Depression & Health | Etiology

My research areas focus on etiology and treatment of depression, anxiety, and co-morbid presentations of depression and anxiety. More specifically, recent investigations have included the utilization and effectiveness of guided bibliotherapy (self-help) to treat individuals with depressive and anxious symptoms, examining treatment preferences for depression and for individuals with cancer experiencing depressive symptoms, exploring stepped-care models of treating subclinical and clinical depression, acceptability and attitudes toward stepped care models, and the influence of state mindfulness and social problem-solving on depressive symptoms.

Honors and Awards:

2016 Rowan University Teaching Wall of Fame

Member of:

American Psychological Association
Division 12 of the APA Division of Clinical Psychology
Division 38 of the APA, Division of Health Psychology
Division 2 of the APA, Division of Teaching of Psychology
Eastern Psychological Association

Recent Publications:

Kirby KC, Benishek LA, Kerwin ME, Dugosh KL, Carpenedo CM, Bresani E, Haugh JA, Washio Y, Meyers RJ (2017) Analyzing Components of Community Reinforcement and Family Training (CRAFT): Is Treatment Entry Training Sufficient? *Psychol Addict Behav*. Epub ahead of print.

Haugh JA, Miceli M, DeLorme J (2016) Maladaptive parenting, temperament, early maladaptive schemas, and depression: A moderated mediation analysis. *J Psychopathol Behav Assess*, Epub ahead of print.

O'Brien McElwee R, Haugh JA (2009) Thinking clearly versus frequently about the future self: Exploring this distinction and its relation to possible selves. *Self and Identity*. 1:1-24.