



Nicole A. Vaughn

Assistant Professor
Health & Exercise Science

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Education:

BS (Psychology), Morgan State University
MS (Medical Psychology), Uniformed Services University of the Health Sciences
PhD (Medical Psychology), Uniformed Services University of the Health Sciences
Post-doctoral (Cardiovascular Behavioral Medicine & Health Disparities),
Uniformed Services University of the Health Sciences

Research Expertise:

Chronic Disease Prevention | Community-based Participatory Research | Health Disparities | Trauma-Informed Programs

My research interests include using community based participatory research methods to address chronic disease prevention (diabetes, overweight, obesity) as well as trauma informed programs that enhance resilience in underserved and urban settings with ethnic minority adults and youth (i.e., African American). Additionally, I am focused on identifying evidence-based and evidence-informed practices to disseminate and implement in these settings.

My research includes working with community partners to implement evidence-based and evidence informed strategies in their local settings (i.e., churches, after school settings, community centers) to promote healthy lifestyles. Additionally, I have training in health behavior strategies and trauma-informed practices for youth and families. My dissemination and implementation research projects are at the intersection of public health, health promotion, health education and community/industry partnerships.

Honors and Awards:

2016-2018 Fellow for National Cancer Institute's Mentored Training for Dissemination and Implementation Research in Cancer (MT-DIRC)

Member of:

Society of Behavioral Medicine (<http://www.sbm.org/>)
American Public Health Association (<http://www.apha.org/>)

Recent Academic Projects:

Getting People In Sync: Working with Communities to Implement an Evidence-Based Prediabetes Prevention Program

Understanding the Health Profile of First Generation College Students

Recent Publications

Noland C, Vaughn NA, Sun S, Schlecht H (2015) Understanding patients' perspectives on opt-out, incentivized, and mandatory HIV testing health communication, *Int J Health Sci (Qassim)*. 9:294-303.

Vaughn NA, Jacoby S, Williams T, Guerra T, Thomas N, Richmond T (2012) Digital animation as a method to disseminate research findings to the community using a community-based participatory approach. *Am J Community Psychol*. 51:30-42.

McDonald CC, Richmond TS, Guerra T, Thomas NA, Walker A, Branas CC, TenHave TR, Vaughn NA, Leff SS, Hausman AJ (2012) Methods for linking community views to measurable outcomes in a youth violence prevention program. *Prog Community Health Partnersh*. 6:499-506.