

## *CURRICULUM VITAE*

Fall 2020

### **Thomas James Dinzeo, Ph.D.**

#### **Current Position**

Associate Professor  
Department of Psychology  
Rowan University  
[dinzeo@rowan.edu](mailto:dinzeo@rowan.edu)  
856-256-4500 x3520

#### **Secondary Appointment(s)**

Associate Professor, Biomedical Sciences  
Cooper Medical School of Rowan University

**Licensed Clinical Psychologist:** State of NJ – License # 5347      **2014 – present**

**National Provider Identifier:** # 1710385265      **2014 – present**

**Licensed Clinical Psychologist:** State of CT - License # 002885      **2008 – 2014**

#### **Education**

##### **Yale School of Medicine (New Haven, CT) - Program for Recovery and Community Health**

Post-Doctoral Research Associate (9/2006- 7/2008)

##### **Yale School of Medicine (New Haven, CT)**

Clinical Internship (8/2005 – 8/2006)

##### **Kent State University (Kent, OH)**

Degree: Doctor of Philosophy (8/2006)

Major: Clinical Psychology (APA Accredited Program)

Doctoral Dissertation: *Temperamental Arousability and Emotional/Physiological Reactivity in Individuals with Schizophrenia*

Dissertation Advisor: Nancy Docherty, Ph.D.

##### **Kent State University (Kent, OH)**

Degree: Master of Arts (6/2002)

Major: Clinical Psychology (APA Accredited Program)

Doctoral Dissertation: *Stress and Arousability in Schizophrenia*

Thesis Advisor: Nancy Docherty, Ph.D.

##### **University of Minnesota (Minneapolis, MN)**

Degree: Bachelor of Arts (3/1998)

Major: Psychology

#### **Teaching Experience**

##### **Assistant & Associate Professor**

**Fall 2008 - present**

Department of Psychology, Rowan University, Glassboro, NJ

##### Undergraduate courses:

- Abnormal Psychology
- Intake and Interviewing Skills in Psychology
- Psychology of Personality

##### Graduate courses (MA= Clinical Mental Health Counseling; Ph.D.= Clinical Psychology):

- Assessment I: Psychometrics, Evaluation, & Treatment (MA)

- Assessment II: Assessment of Career/Vocational Interests, Treatments & Programs (MA)
- Legal, Ethical, & Professional Issues in Counseling Psychology (MA)
- Psychopathology I: Diagnosis and Epidemiology (MA & PhD)
- Psychopathology II: Conceptualization and Etiology (MA & PhD)
- Assessment II: Personality & Individual Differences (PhD)

### **Research Interests**

My research focuses on schizophrenia and the schizophrenia-spectrum disorders. I am interested in understanding the individual risk factors that contribute to the development (or exacerbation) of schizophrenia-related disorders. Over the last several years my lab has specifically examined neurocognitive functioning, personality factors, social/interpersonal functioning, & lifestyle behaviors. Recent research has included outpatients with schizophrenia and *high-risk* samples (e.g. college students with high levels of schizotypy). Most recently I have focused my attention on the relationship between health behaviors (e.g., substance use, stress management, exercise & nutrition) and outcomes in those with schizophrenia-spectrum conditions. The literature suggests a well-known link between schizophrenia and chronic illness / early mortality with lifestyle factors contributing significantly to these issues. I am interested in identifying 1) how problematic health-behaviors develop, 2) how these behaviors are maintained, 3) whether-or-not these behaviors can be successfully addressed through non-medical interventions.

### **Grant Experiences**

Co-PI

**National Institutes of Health R21** (in prep)

*Randomized control trial (RCT) of high-intensity low-resistance exercise training for motor, cognitive, and psychiatric symptoms in schizophrenia*

Primary Investigator

**Camden Health Research Initiative (10/18)** (\$135,000- **funded**)

A novel approach to smoking cessation in schizophrenia spectrum disorders

Co-PI

**CSM/SHP Multidisciplinary Pilot Program (10/18)** (\$20,000- **funded**)

A novel exercise intervention to treat motor and psychiatric symptoms in individuals with schizophrenia

Co-investigator

**Robert Wood Johnson Foundation (6/14)**, (\$100, 000- **funded**)

*Couples-Based Intervention for Patients with Type 2 Diabetes and their Spouses*

### **Publications**

\* indicates a student author

#### **Under Review**

Uygur, M. & **Dinzeo, T.J.** Feasibility and effectiveness of a novel cycling training on the parkinsonian motor and psychiatric symptoms in individuals with schizophrenia.  
*Complementary Therapies in Medicine*

Massaro, D.\*, Capodilupo, G., **Dinzeo, T.J.**, Ehrlich, S., & Nitzburg, G. *Defeatist beliefs, Coping Styles, and Schizotypy in Adolescents.*

### Peer Reviewed Publications

- Collins, P.B., Coren, J. & **Dinzeo, T.J.** (2020). Considerations for Improving the Patient's Waiting Room Experience. *Family Practice Management*
- Carter, C.,\* Hass, R.W., Charfadi, M.\* & **Dinzeo, T.J.** (2019). Probing linear and nonlinear relations among schizotypy, mania, cognitive inhibition, and creativity. *The Journal of Creative Behavior*, 31, 83-92. <https://doi.org/10.1080/10400419.2019.1580091>
- Dinzeo, T.J.**, Culiañez, V.\* & Pujji, S.\* & Sledjeski, E.M. (2018). The relationship of categorical & phonological verbal fluency to social functioning in a non-clinical schizotypy sample. *Cognitive Neuropsychiatry*, 28, 43-57 <http://dx.doi.org/10.1080/13546805.2017.1418307>
- Rosini, R.J.\*; Nelsen, A.\* & Sledjeski, E.M. & **Dinzeo, T.J.** (2017). Relationships between levels of mindfulness and subjective well-being in undergraduate students. *Modern Psychological Studies*, 23, 1-23: Available at: <https://scholar.utc.edu/mps/vol23/iss1/4>
- Collins, P.B., Coren, J. & **Dinzeo, T.J.** (2017). Physicians' Perspective and Influence on Patient Education Resources used in the Waiting Room. *Osteopathic Family Physician*, 9, 17-19.
- Dinzeo, T.J.**, Sledjeski, E.M., Durner, C., & Docherty, N.M. (2015). A comparative study of personality trait characteristics and reactivity in schizophrenia using a film clip paradigm. *American Journal of Psychology*, 128, 515-526.
- Cohen, A.S., **Dinzeo, T.J.**, Donovan, N.J., Brown, C.E., & Morrison, S.C. (2015). Vocal acoustic analysis as a biometric indicator of information processing: Implications for neurological and psychiatric disorders. *Psychiatry Research*, 226, 235-241
- Docherty, N.M., **Dinzeo, T.J.**, McCleery, A., Bell, E.K., Shakeel, M.K., Moe, A. (2014). Internal versus External Auditory Hallucinations in Schizophrenia: Symptom and Course Correlates. *Cognitive Neuropsychiatry*, 20, 1-11.
- Cohen, A.S., McGovern, J.E., **Dinzeo, T.J.**, Covington, M. (2014). Speech deficits in severe mental illness: A cognitive resource issue? *Schizophrenia Research*, 160, 173-179.
- Callaway, D. A., Cohen, A. S., Matthews, R. A., & **Dinzeo, T.J.** (2014). Schizotypal Personality Questionnaire – Brief Revised: Psychometric replication and extension. *Personality Disorders: Theory, Research, and Treatment*, 5, 32-38.
- Dinzeo, T.J.**, Thayasivam, U., & Sledjeski, E.M. (2014). The development of The Lifestyle and Habits Questionnaire-Brief version: Relationship to quality of life and stress in college students. *Prevention Science*, 15, 103-14.
- Cohen, A.S., Najolia, G.M., Kim, Y. & **Dinzeo, T.J.** (2012). On the Boundaries of blunt affect/alogia across severe mental illness: Implications for Research Domain Criteria. *Schizophrenia Research*, 140, 41-45.
- Tondora, J., O'Connell, M., Miller, R., **Dinzeo, T.J.**, Bellamy, C., Andres-Hyman, R., & Davidson, L. (2009). A clinical trial of peer-based culturally responsive person-centered care for psychosis for African American and Latinos. *Journal of the Society of Clinical Trials*, 7, 368-379.
- Rowe, M., Benedict, P., Sells, D., **Dinzeo, T.J.**, Garvin, C., Schwab, L., Baranoski, M., Girard, V., Bellamy, C. (2009). Citizenship, Community, and Recovery: A Group- and Peer-Based Intervention for Persons With Co-Occurring Disorders and Criminal Justice Histories. *Journal of Groups in Addiction & Recovery*, 4, 224-244.
- Davidson, L., Drake, R.E., Schmutte, T., **Dinzeo, T.J.**, & Andres-Hyman, R. (2009). Oil and Water or Oil and Vinegar: Evidence-Based Medicine meets Recovery. *Community Mental Health Journal*, 45, 323 – 332.
- Cohen, A.S., Nienow, T.M., **Dinzeo, T.J.**, Docherty, N.M. (2009). Attribution biases in schizophrenia: Relationship to clinical and functional impairments. *Psychopathology*, 42, 40-46.

- Dinzeo, T.J.**, Cohen, A.S., Nienow, T.M., Docherty, N.M. (2008). Arousability in Schizophrenia: Relationship to Emotional and Physiological Reactivity and Symptom Severity. *Acta Psychiatrica Scandinavica*, 117, 432-9.
- Cohen, A.S., Alpert, M., Nienow, T.M., **Dinzeo, T.J.**, Docherty, N.M. (2008). Computerized Analysis of Negative Symptoms in Schizophrenia. *Journal of Psychiatric Research*.42, 827-836.
- Davidson, L., Schmutte, T., **Dinzeo, T.J.**, & Andres-Hyman, R. (2008). Remission and Recovery in Schizophrenia: Practitioner and Patient Perspectives. *Schizophrenia Bulletin*, 34, 5–8.
- Dinzeo, T.J.**, & Docherty, N.M. (2007). Normal personality characteristics in schizophrenia: A review of the literature involving the FFM. *The Journal of Nervous and Mental Disease*, 195, 421-429.
- Nienow, T.M., Docherty, N.M., Cohen, A.S. & **Dinzeo, T.J.** (2006). Attentional dysfunction, social perception, and social competence: What is the nature of the relationship? *Journal of Abnormal Psychology*, 115, 408-417.
- Docherty, N.M., Strauss, M.E., **Dinzeo, T.J.**, St-Hilaire, A., (2006). The cognitive origins of specific types of schizophrenic speech disturbance. *The American Journal of Psychiatry*, 163, 2111-2118.
- Cohen, A.S., Nienow, T.M., **Dinzeo, T.J.**, Smith, D.A., Singer, B.A. & Docherty, N.M. (2005). Diminished emotionality & Social functioning in schizophrenia. *The Journal of Nervous and Mental Disease*, 193, 796-802.
- Dinzeo, T.J.**, Cohen, A.S., Nienow, T.M., & Docherty, N.M. (2004). Stress and arousability in schizophrenia. *Schizophrenia Research*, 71, 127-135.
- Docherty, N.M., Cohen, A.S., Nienow, T.M., **Dinzeo, T.J.**, & Dangelmaier, R.E. (2003). Stability of formal thought disorder and referential communication disturbance in schizophrenia. *Journal of Abnormal Psychology*, 112, 469-475.
- Cohen, A.S., Docherty, N.M., Nienow, T.M., & **Dinzeo, T.J.** (2003). Self-reported stress and the deficit syndrome of schizophrenia. *Psychiatry*, 66, 308-316.
- Conklin, H.M., Calkins, M.E., Anderson, C.W., **Dinzeo, T.J.**, Iacono, W.G. (2002). Recognition memory for faces in schizophrenia patients and their first-degree relatives. *Neuropsychologia*, 40, 2314-2324.

**Conference Presentations** (past 5 years; \*Indicates student co-author from research lab)

- Dinzeo, T.J.** & Uygur, M. (September, 2019). Feasibility & effects of high-speed low-resistance cycling intervention on Parkinsonian symptoms and health in schizophrenia. Society for Research in Psychopathology, Buffalo, NY.
- Alvarez, E. \*, & **Dinzeo, T.J.** (September, 2019). EEG Reactivity in Response to Sham Feedback Across the Schizoaffective-Spectrum. Society for Research in Psychopathology, Buffalo, NY.
- O’Kane, T. \*, Sledjeski, E.M., & **Dinzeo, T.J.** (September, 2019). The potential moderating effects of sleep hygiene and stress on quality of life in those with schizotypy. Society for Research in Psychopathology, Buffalo, NY.
- Pujji, S. \*, Alvarez, E. \*, Sledjeski, E., & **Dinzeo, T.J.** (September, 2019). The differential relationship between specific types of delusional ideation and sense of purpose. Society for Research in Psychopathology, Buffalo, NY.
- Ryan, E. \* & **Dinzeo, T.J.** (September, 2019). The influence of adverse childhood experiences and schizotypy on lifestyle behaviors. Society for Research in Psychopathology, Buffalo, NY.
- Massaro, D. \*, Capodilupo, G., **Dinzeo, T.J.** & Nitzburg, G. (September, 2019). Defeatist beliefs, Coping Styles, and Schizotypy in Adolescents. Society for Research in Psychopathology, Buffalo, NY.
- Pujji, S. \*, Alvarez, E. \*, & **Dinzeo, T.J.** (June, 2019). Cognition and Schizotypy: How Does Emotion Influence Cognitive Failures? Oral presentation at the International Consortium for Schizotypy Research, New Orleans, LA.

- Ryan, E.,\* O’Kane, T.\* & **Dinzeo, T.J.** (March, 2019). Predicting schizotypy and positive symptoms utilizing adverse childhood events and socioeconomic status. Oral presentation at Eastern Psychological Association, New York, NY.
- Dinzeo, T.J.**, Pujji, S.\* & Sullivan, J.\* (September, 2018). Health-related functional impairments in schizotypy. Poster presented at the Society for Research in Psychopathology, Indianapolis, IN.
- Pujji, S.\* & **Dinzeo, T.J.** (September, 2018). Relationships between source monitoring and the schizophrenia spectrum symptomology. Poster presented at the Society for Research in Psychopathology, Indianapolis, IN.
- O’Kane, T.,\* **Dinzeo, T.J.**, & Fife, D. (September, 2018). Schizotypy and social functioning: The role of negative emotion and coping. Poster presented at the Society for Research in Psychopathology, Indianapolis, IN.
- Alvarez, E.,\* & **Dinzeo, T.J.** (September, 2018). Predictors of physiological change during a visual task. Poster presented at the Society for Research in Psychopathology, Indianapolis, IN.
- Massaro, D.,\* & **Dinzeo, T.J.** (September, 2018). Use of information and communication technologies and mental health: Relationship to schizotypy, anxiety, and depression. Poster presented at the Society for Research in Psychopathology, Indianapolis, IN.
- Ryan, E.,\* & **Dinzeo, T.J.** (September, 2018). Adverse childhood experiences: Relationship to attachment style and schizophrenia phenomena in college students. Poster presented at the Society for Research in Psychopathology, Indianapolis, IN.
- Pujji, S.\*, Sullivan, J., Ryan, E., & **Dinzeo, T.J.** (March, 2018). Technology use and mental health: Relationship to schizotypy and boredom. Oral presented at Eastern Psychological Association, Philadelphia, PA.
- Pujji, S.\* & **Dinzeo, T.J.** (March, 2018). Cognitive, emotional, and contextual factors related to delusional ideation. Poster presented at Eastern Psychological Association, Philadelphia, PA.
- Alvarez, E.\* & **Dinzeo, T.J.** (March, 2018). Exploring sleep quality in schizotypy and hypomania. Poster presented at Eastern Psychological Association, Philadelphia, PA.
- Dinzeo, T.J.** & Pennacchi, A.\* (September, 2017). Familial socioeconomic status and engagement in preventative health behaviors in schizotypy. Poster presented at the Society for Research in Psychopathology, Boulder, Colorado.
- Pujji, S.\* & **Dinzeo, T.J.** (September, 2017). The influence of intolerance of uncertainty on obsessive compulsive and delusional beliefs. Poster presented at the Society for Research in Psychopathology, Boulder, Colorado.
- Cardella, A.W.\*, Mancuso, A., **Dinzeo, T.J.**, Garnier, K. (April, 2017). Start Talkin’- Stimulating Tobacco Cessation Counseling at Point of Care. Poster presented at the American College of Osteopathic Family Physicians conference in Kissimmee, Florida. (**awarded 1<sup>st</sup> place overall at conference**)
- Pujji, S.\*, Alvarez, E.\*, Pennacchi, A.\*, **Dinzeo, T.J.** (March, 2017). The differential relationship of mental health symptoms and sense of purpose. Poster presented at Eastern Psychological Association, Boston, MA.
- Rosini, R.\*, Nelson, A.\*, Sledjeski, E., **Dinzeo, T.J.** (March, 2017). Relationship between levels of mindfulness and subjective well-being in undergraduate students. Poster presented at Eastern Psychological Association, Boston, MA.
- Dinzeo, T.J.**, Pennacchi, A.\*, Pujji, S.\* (September, 2016). Schizotypy and Mood Symptoms in the Prediction of Preventative Health Behaviors. Poster presented at the Society for Research in Psychopathology, Baltimore, MD.
- Pujji, S.\*, **Dinzeo, T.J.** (September, 2016). Factors Influencing Beliefs in Oneself and Others. Poster presented at the Society for Research in Psychopathology, Baltimore, MD.

Collins, P.B.\*, Coren, J., **Dinzeo, T.J.**, Weiss, L.B. (April 2016). Physicians' perspective and influence on patient education resources used in the waiting room. American College of Osteopathic Family Physicians, San Juan, Puerto Rico.

Pujji, S.\* & **Dinzeo, T.J.** (March 2016). Factors influencing beliefs in oneself and others in undergraduate students. Poster presented at Eastern Psychological Association, Manhattan, NY.

Schuenzel, A.\*, **Dinzeo, T.J.**, Carter, C.\*, Charfadi, M.\* (March 2016). The relationship between schizotypy, cannabis use, and creativity. Poster presented at Eastern Psychological Association, Manhattan, NY.

### Invited Professional Addresses

Participated in seminar series (Spring 2017) for Rowan University SOM medical students to improve communication & trust with patients and strategies to deliver difficult news

- *Doctoral Selectives*- Communication Seminar (co-facilitated by Dr. Joppa).

**Dinzeo, T.J.** (Summer 2017). *Strategies for working with clients with psychosis*. Invited presentation delivered to Rowan graduate students (Ph.D. & MA students).

### Service Experiences

#### Rowan University

- **Head**- Department of Psychology **July 2019 - July 2020**
- **Chair**- Department of Psychology (assisting Department Head) **Sept. 2015- June 2019**
- **Graduate Coordinator** **April 2011-Aug. 2012**
  - Master of Arts in Clinical Mental Health Counseling
  - Certificate of Advanced Graduate Studies (CAGS) in Mental Health Counseling
- **Misc. University and Department service** **2009-13 & 2015- present**
  - AFT Psychology Department Representative **Summer 2012-present**
  - Transfer student orientation
- **Department committees**
  - Departmental T & R Committee **2018 - present**
  - Department Diversity, Equity, Inclusion Committee **2019- present**
  - Psychology Dept. Curriculum Committee (Chair x6) **2011-present**
  - Faculty Search Committee (chair x2) **2011-present**
  - Doctoral Program Development Committee **2011-present**
- **University committees/service**
  - Thrive - University Wellbeing Committee **2019- present**
  - Promotion (Senate Committee) **2019**
  - SOM Doctor Selective (communication seminar) **2017-2019**
  - Parental Leave Policy Committee **2017-2019**
  - Chairs Counsel (Senate Committee) **2015-2019**
  - College Curriculum Committee **2015-2019, 2020**
  - Stress Management and Response Team: SMART **2012- present**
  - International Education Committee **2014-2016**
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- **Community**
  - Ad Hoc reviewer
    - Schizophrenia Research
    - Schizophrenia Bulletin
    - Cognitive Neuropsychiatry

- Journal of Nervous and Mental Disease
- Archives of Environmental and Occupational Health
- Psychiatry Research
- BMC Psychiatry
- Perspectives on Psychological Science

**Honors/Awards/Special Recognition**

*Rowan University*

- Professional of the week- Rowan University-July 13 **2020**
- Awarded University Teamwork Values Award (individual) **2017**
- Selected by Dean to be gonfalonier for the College of Science & Mathematics in graduation ceremony **2017**
- Candidate for Rowan University’s Lindback Teaching Award **2016**
- Candidate for University Values award **2016**

**Membership in Professional Organizations**

- Society for Research in Psychopathology **2011-present**
- American Psychological Association **2000-present**
- Eastern Psychological Association **2000-present**

**Professional Development Experiences (past two years)**

*Rowan University & Community*

- Module 1.5 Implicit Bias, DEI Certificate Nov. 2020
- Module 1.6 Microaggressions and inclusive language DEI Certificate Nov. 2020
- Module 1.7 Ally, Accomplice and Advocate, DEI Certificate Nov. 2020
- Module 1.1 Intercultural Development, DEI Certificate Oct. 2020
- Module 1.2 Systems of Power and Privilege, DEI Certificate Oct. 2020
- Module 1.3 Understanding Culture, DEI Certificate Oct. 2020
- Faculty Center: Teaching Underprepared Students to Take Control of Their Learning by Developing Metacognitive Skills Sept. 2020
- GRAND ROUNDS: CBT for CHRONIC PAIN - Donna Sudak, MD Sept. 2020
- Becoming Anti-Racist Educators, Kristen Barrett Ph.D., Stephanie Abraham, Ph.D. Aug. 2020
- Canvas Transition: Getting started in Canvas & Remote classroom instruction June 2020
- White People, Do Something: A Dialogue on Whiteness and Allyship June 2020
- Speaking Truth to Power through Pedagogy: Anti-Racist Teaching in Higher Education June 2020
- I Can't Breathe: Discussion of Racial Battle Fatigue, Trauma, and Self-Care June 2020
- Module 1.3 Understanding culture DEI Certificate Feb. 2020
- GoToWebinar - Using Apps in Clinical Practice: Practical Aspects (APA) Feb. 2020
- Unconscious Bias training, oholmesiv@whconsultingfirm.com Oct. 2019
- Integrating Traumatic Memories webinar (TKZ Seminar) June, 2019
- Early Detection & Prevention of Psychotic Disorder: Ready for “Prime Time”? Dr. Jeffrey Lieberman MD, webinar Feb. 2019

