

Chelsie M. Young

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Rowan University
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Education

PhD in Social Psychology 2012 - 2016
Minor in Quantitative Methods
University of Houston
Adviser: Dr. Clayton Neighbors
Dissertation: *Incorporating expressive writing into a personalized normative feedback intervention to reduce alcohol use among college students*

MA in Experimental Psychology 2010 - 2013
College of William and Mary
Advisers: Dr. Cheryl Dickter, Dr. Catherine Forestell
Thesis: *College students' implicit attentional and affective responses to alcohol cues*

BA in Psychology 2006 - 2010
Minor in Sociology
Summa cum laude; University and Departmental Honors
Eastern Illinois University
Advisers: Dr. Morton Heller, Dr. Steven Scher
Honors Thesis: *Types of prayer: A joint factor analysis*

Academic Positions Held

Assistant Professor, Rowan Emotions, Alcohol, and College Health Lab 2018 – Present
Department of Psychology, Rowan University, Glassboro, NJ

Postdoctoral Research Fellow, Social Influences and Health Behaviors Lab 2016 – 2018
Department of Psychology, University of Houston, Houston, TX

Research Grant Experience

Co-Investigator September 2018 - Present
Informing prevention by modeling associations between physical activity and alcohol consumption
Funded by the National Institute on Alcohol Abuse and Alcoholism
R21AA026380
PI: Clayton Neighbors, PhD (University of Houston)

Consultant September 2018 - Present
Guilt and expressive writing for reducing alcohol use in college students
Funded by the National Institute on Alcohol Abuse and Alcoholism
R01AA023495-01

PI: Clayton Neighbors, PhD (University of Houston)

Post-Doctoral Research Fellow

June 2016 –August 2018

Guilt and expressive writing for reducing alcohol use in college students

Funded by the National Institute on Alcohol Abuse and Alcoholism

R01AA023495-01

PI: Clayton Neighbors, PhD (University of Houston)

Graduate Research Assistant

Fall 2015 – May 2016

Guilt and expressive writing for reducing alcohol use in college students

Funded by the National Institute on Alcohol Abuse and Alcoholism

R01AA023495-01

PI: Clayton Neighbors, PhD (University of Houston)

Graduate Research Assistant

Spring 2013 – May 2016

Social Norms and Alcohol Prevention (SNAP) grant

Funded by the National Institute on Alcohol Abuse and Alcoholism

R01AA014576-07-12

PI: Clayton Neighbors, PhD (University of Houston)

Applications For Funding

National Institute on Alcohol Abuse and Alcoholism

Spring 2022

Guilt Writing as an Innovative Supplement to a Personalized Normative Feedback Intervention

PI: Chelsie Young, PhD (Rowan University)

Amount requested: \$ 2,307,822 (Total Direct Costs)

Status: Submitted

National Institute on Alcohol Abuse and Alcoholism

Summer 2021

An Examination of the Impacts of Pandemic Restrictions and Vaccination Status on Potential Rebounds in College Student Drinking

PI: Chelsie Young, PhD (Rowan University)

Amount requested: \$150,000

Status: Not discussed

National Institute on Alcohol Abuse and Alcoholism

Spring 2021

An Examination of the Impacts of Pandemic Restrictions and Vaccine Uptake on Potential Rebounds in College Student Drinking

PI: Chelsie Young, PhD (Rowan University)

Amount requested: \$150,000

Status: Scored 40

Society for Personality and Social Psychology Small Grants Program

Fall 2020

The influence of coping strategies on associations between stress, health behaviors, and well-being among graduate students during COVID-19

PI: Chelsie Young, PhD (Rowan University)
 Amount Requested: \$1,000
 Status: Not funded

New Jersey Health Foundation Fall 2020
The impact of the COVID-19 pandemic on physical activity and alcohol consumption among young adults

PI: Chelsie Young, PhD (Rowan University)
 Amount Requested: \$24,695
 Status: Not funded

National Institute on Alcohol Abuse and Alcoholism Fall 2020
Administrative supplement for research on the COVID-19 pandemic's impact on physical activity and alcohol consumption

PI: Clayton Neighbors, PhD (University of Houston)
Co-Investigator: Chelsie Young, PhD (Rowan University)
 Amount requested: \$77,038
 Status: Not funded

New Jersey Health Foundation Fall 2019
An adaptation of the expressive writing paradigm utilizing counterfactual thinking to improve college student health and well-being

PI: Chelsie Young, PhD (Rowan University)
 Amount Requested: \$23,590
 Status: Not funded

Rowan University Camden Health Initiative Grant Fall 2019
Evaluation of a multi-component, multilevel program to improve provider wellness in Camden: The compassion and resiliency experience (C.A.R.E.)

PI: Kelly Gilrain, PhD, Department of Hospital Medicine, Division of Behavioral Medicine
 Co-PIs: Anastasia Bullock, PsyD (CMSRU); Philip Fizur, PsyD (CMSRU); Danielle Arigo, PhD (Rowan University); Chelsie Young, PhD (Rowan University)
 Amount Requested: \$150,000
 Status: Not funded

Rowan SEED Funding Spring 2019
How much and how often? An exploration of factors associated with alcohol and e-cigarette use in young adults

PI: Chelsie Young, PhD (Rowan University)
 Co-PI: Rui Shi, PhD (Rowan University)
 Amount Requested: \$9,149.95
 Status: Not funded

New Jersey Health Foundation Fall 2018
How much and how often? An exploration of factors associated with alcohol and e-cigarette use in young adults

PI: Chelsie Young, PhD (Rowan University)
 Co-PI: Rui Shi, PhD (Rowan University)

Amount Requested: \$28,560
 Status: Not funded

Rowan College of Science and Math SEED Funding

Fall 2018

Evaluating biopsychosocial factors related to associated between physical activity and alcohol use among young adults

PI: Chelsie Young, PhD (Rowan University)

Co-PI: Daniel Freidenreich, PhD (Rowan University)

Amount Requested: \$20,000

Status: Not funded

Research Interests

- Developing empirically-supported strategies incorporating personalized normative feedback, motivational interviewing, and expressive writing to facilitate behavior change
- Examining mechanisms of action for behavior change such as the self-conscious emotions of guilt and shame, cognitive processing, and perceptions and norms to gain insight into how such behavior change strategies work and which components are most effective
- Exploring individual difference factors such as culture, drinking motives, and defensiveness as moderators of behavior change to better understand for whom such strategies are best suited

Peer-Reviewed Publications

1. Henderson, C. E., Najjar, L. Z., **Young, C. M.**, Leasure, J. L., Neighbors, C., Gasser, M. L., & Lindgren, K. P. (in press). Examining longitudinal relations between physical activity and alcohol consumption among young adults. *Psychology of Addictive Behaviors*.
2. Rodriguez, L. M., Tomkins, M. M., Garey, L., **Young, C. M.**, & Neighbors, C. (in press). Design, efficacy, and methodology considerations for brief interventions: Intervention delivery and incentives. *Psychology of Addictive Behaviors*.
3. Steers, M.-L. N., Neighbors, C., Macia, K. S., **Young, C. M.**, & Pedersen, E. R. (2021). Self in the service: Self-identification moderates the association between perceived drinking norms and own drinking among veterans. *Substance Use & Misuse*, 1-11.
4. **Young, C. M.**, Steers, M-L., N., **Shank, F., *Aris, A., & *Ryan, P. (2021). Shyness and susceptibility to social influence: Stronger concordance between norms and drinking among shy individuals. *Addictive Behaviors*, 119, 106922.
5. Pearson, A. D., **Young, C. M.**, Shank, F., & Neighbors, C. (2021). Flow mediates the relationship between problematic smartphone use and satisfaction with life among college students. *Journal of American College Health*, 1-9.
6. Neighbors, C., Riggs, J. L., **Young, C. M.**, Rodriguez, L. M., Cunningham-Erdogdu, P., Angosta, J., & Lu, Q. (2020). Guilt and expressive writing for reducing alcohol use in college students: Study protocol for a randomized control trial. *Contemporary Clinical*

Trials, 97. doi:10.1016/j.cct.2020.106107

7. **Young, C. M.** & Neighbors, C. (2019). Incorporating writing into a personalized normative feedback intervention to reduce problem drinking among college students. *Alcoholism: Clinical and Experimental Research*, 43, 916-926. doi: 10.1111/acer.13995
8. Buckner, J. D., Neighbors, C., Dienst, K. W., & **Young, C. M.** (2019). Online personalized normative feedback intervention to reduce event-specific drinking during Mardi Gras. *Experimental and Clinical Psychopharmacology*, 27, 466-473. doi: 10.1037/pha0000259
9. Neighbors, C., DiBello, A. M., **Young, C. M.**, Steers, M.-L. N., Rinker, D. V., Rodriguez, L. M., Blanton, H., & Lewis, M. A. (2019). Personalized normative feedback for heavy drinking: An application of Deviance Regulation Theory. *Behavior Research and Therapy*, 115, 73-82. doi: 10.1016/j.brat.2018.11.004
10. Krieger, H., **Young, C. M.**, Anthenien, A., & Neighbors, C. (2018). The epidemiology of binge drinking among college-age individuals in the United States. *Alcohol Research: Current Reviews*, 39(1), 23-30.
11. **Young, C. M.**, Pedersen, E. R., Pearson, A. D., & Neighbors, C. (2018). Drinking to cope moderates the efficacy of changing Veteran drinking norms as a strategy for reducing drinking and alcohol-related problems among U.S. Veterans. *Psychology of Addictive Behaviors*, 32, 213-223. doi: 10.1037/adb0000347
12. DiBello, A. M., Miller, M. B., **Young, C. M.**, Neighbors, C., & Lindgren, K. P. (2018). Explicit drinking identity and alcohol problems: The mediating role of drinking to cope. *Addictive Behaviors*, 76, 88-94. doi: 10.1016/j.addbeh.2017.07.031
13. Terlecki, M. A., Richter, A. A., Neighbors, C., **Young, C. M.**, & Buckner, J. D. (2017). Alcohol-induced risky sexual behavior among socially anxious drinkers. *Addiction Research & Theory*, 25, 409-415. doi: 10.1080/16066359.2017.1306057
14. Najjar, L. Z., **Young, C. M.**, Leasure, J. L., Henderson, C. E., & Neighbors, C. (2017). Religious perceptions of alcohol consumption and drinking behaviors among religious and non-religious groups. *Mental Health, Religion, & Culture*, 9, 1028-1041. doi:10.1080/13674676.2017.1312321
15. Rinker, D.V., **Young, C. M.**, Krieger, H., Lembo, J., & Neighbors, C. (2017). Evaluations and perceptions of others' evaluations (POE) of negative alcohol-related consequences predict negative alcohol-related consequences among college drinkers. *Journal of Studies on Alcohol and Drugs*, 78, 249-257. doi:10.15288/jsad.2017.78.249
16. Bryan, J. L., **Young, C. M.**, Lucas, S., & Quist, M. C. (2016). Should I say thank you? Gratitude encourages cognitive reappraisal and buffers the negative impact of ambivalence over emotional expression on depression. *Personality and Individual Differences*, 120, 253-258. doi:10.1016/j.paid.2016.12.013

17. Steers, M.-L. N., Quist, M. C., Bryan, J. L., Foster, D. W., **Young, C. M.**, & Neighbors, C. (2016). I want you to like me: Extraversion, need for approval, and time on Facebook as predictors of anxiety. *Translational Issues in Psychological Science*, 2(3), 283-293. doi:10.1037/tps0000082
18. Foster, D. W., **Young, C. M.**, Bryan, J. L., & Quist, M. C. (2016). Compounding risk: An examination of associations between spirituality/religiosity, drinking motives, and alcohol-related ambivalence among heavy drinking young adults. *Addictive Behaviors*, 63, 1-11. doi:10.1016/j.addbeh.2016.06.026
19. **Young, C. M.**, Neighbors, C., DiBello, A. M., Sharp, C., Zvolensky, M. J., & Lewis, M. A. (2016). Coping motives moderate efficacy of personalized normative feedback among heavy drinking U.S. college students. *Journal of Studies on Alcohol and Drugs*, 77, 495-99. doi:10.15288/jsad.2016.77.495
20. **Young, C. M.**, Neighbors, C., DiBello, A. M., Tomkins, M., & Traylor, Z. K. (2016). Shame and guilt proneness as mediators of the association between general causality orientations and depressive symptoms. *Journal of Social and Clinical Psychology*, 35, 357-370. doi:10.1521/jscp.2016.35.5.357
21. Neighbors, C., Lewis, M. A., LaBrie, J., DiBello, **Young, C. M.**, A. M., Rinker, D. V., Litt, D., Rodriguez, L., Knee, C. R., Hamor, E., Jerabeck, J. M., & Larimer, M. E. (2016). A multisite randomized trial of normative feedback for heavy drinking: Social comparison versus social comparison plus correction of normative misperceptions. *Journal of Consulting and Clinical Psychology*, 84(3), 238-247. doi:10.1037/ccp0000067
22. **Young, C. M.**, DiBello, A. M., Steers, M-L. N., Quist, M. C., Foster, D. W., Bryan, J. L., & Neighbors, C. (2016). I like people who drink like me: Perceived appeal as a function of drinking status. *Addictive Behaviors*, 53, 125-131. PMID: PMC4679654 doi:10.1016/j.addbeh.2015.10.003
23. Rodriguez, L. M., **Young, C. M.**, Tomkins, M., DiBello, A. M., Krieger, H. K., & Neighbors, C. (2016). Friends in low places: The impact of companions and locations on 21st birthday drinking. *Addictive Behaviors*, 52, 52-57. doi:10.1016/j.addbeh.2015.08.009
24. Bryan, J. L., Quist, M. C., **Young, C. M.**, Steers, M-L., N., & Lu, Q. (2016). General needs satisfaction as a mediator of the relationship between ambivalence over emotional expression and perceived social support. *Journal of Social Psychology*, 156(1), 115-121. doi:10.1080/00224545.2015.1041448
25. Bryan, J. L., Lucas, S., Quist, M. C., Steers, M-L., N., Foster, D. W., **Young, C. M.**, & Lu, Q. (2016). God, can I tell you something? The effect of religious coping on the relationship between ambivalence over emotional expression, anxiety, and depressive symptoms. *Psychology of Religion and Spirituality*, 8(1), 46-53. doi:10.1037/rel0000023
26. Rodriguez, L. M., **Young, C. M.**, Neighbors, C., Tou, R., & Lu, Q. (2016). Cultural differences and shame in an expressive writing alcohol intervention. *Journal of Ethnicity*

- in Substance Abuse*, 1-16. doi:10.1080/15332640.2015.1024812
27. DiBello, A. M., Gonzalez, R., **Young, C. M.**, Rodriguez, L. M., & Neighbors, C. (2015). Blood is thicker than booze: Examining the role of familism and gender in alcohol use and related consequences among Hispanic college students. *Journal of Ethnicity in Substance Abuse*, 1-15. doi:10.1080/15332640.2015.1044684
 28. Leasure, J. L., Neighbors, C., Henderson, C., & **Young, C. M.** (2015). Exercise and alcohol consumption: What we know, what we need to know, and why it's important. *Frontiers in Psychiatry: Addictive Disorders and Behavioral Dyscontrol*, 6(156), 1 - 13. doi:10.3389/fpsy.2015.00156
 29. **Young, C. M.**, DiBello, A. M., Traylor, Z. K., Zvolensky, M. J., & Neighbors, C. (2015). A longitudinal examination of the associations between shyness, drinking motives, alcohol use, and alcohol-related problems. *Alcoholism: Clinical and Experimental Research*, 39, 1749-1755. doi:10.1111/acer.12799
 30. Rodriguez, L. M., **Young, C. M.**, Neighbors, C., Campbell, M. T., & Lu, Q. (2015). Evaluating shame and guilt in an expressive writing alcohol intervention. *Alcohol*, 49, 491-498. doi:10.1016/j.alcohol.2015.05.001
 31. Foster, D. W., **Young, C. M.**, Bryan, J. L., Steers, M-L. N., Yeung, N., & Prokhorov, A. V. (2014). Interactions among drinking identity, gender, and decisional balance in predicting alcohol use and problems among college students. *Drug & Alcohol Dependence*, 143, 198-205. doi:10.1016/j.drugalcdep.2014.07.024
 32. Neighbors, C., Rodriguez, L. M., Rinker, D.V., DiBello, A.M., **Young, C. M.**, & Chen, C. (2014). Drinking games and contextual factors of 21st birthday drinking. *The American Journal of Drug and Alcohol Abuse*, 40, 380-387. doi:10.3109/00952990.2014.918623
 33. Foster, D. W., **Young, C. M.**, Steers, M-L., Quist, M. C., Bryan, J. L., & Neighbors, C. (2014). Tears in your beer: Gender differences in coping drinking motives, depressive symptoms, and drinking. *International Journal of Mental Health and Addiction*, 12, 730-746. doi:10.1007/s11469-014-9504-3
 34. Bryan, J. L., Quist, M. C., **Young, C. M.**, Steers, M-L. N., Foster, D. W., & Lu, Q. (2014). Canine comfort: Pet affinity buffers the negative impact of ambivalence over emotional expression on perceived social support. *Personality and Individual Differences*, 68, 23- 27. doi:10.1016/j.paid.2014.04.003
 35. Foster, D. W., **Young, C. M.**, & Barnighausen, T. W. (2014). Self-control as a moderator of the relationship between drinking identity and alcohol use. *Substance Use and Misuse*, 49, 1340-1348. doi:10.3109/10826084.2014.901387
 36. Dickter, C. L., Forestell, C. A., Hammett, P. J., & **Young, C. M.** (2014). Relationship between alcohol dependence, escape drinking, and early neural attention to alcohol-related cues. *Psychopharmacology*, 231, 2031-2040. doi:10.1007/s00213-013-

3348-6

37. Foster, D. W., Neighbors, C., & **Young, C. M.** (2014). Drink refusal self-efficacy and implicit drinking identity: An evaluation of moderators of the relationship between self-awareness and drinking behavior. *Addictive Behaviors*, *39*, 196-204. doi:10.1016/j.addbeh.2013.09.024
38. **Young, C. M.**, Rodriguez, L. M., & Neighbors, C. (2013). Expressive writing as a brief intervention for reducing drinking intentions. *Addictive Behaviors*, *38*, 2913-2917. PMID: PMC3864107. doi:10.1016/j.addbeh.2013.08.025
39. Foster, D. W., Quist, M. C., **Young, C. M.**, Bryan, J. L., Nguyen, M-L., & Neighbors, C. (2013). Benefit finding as a moderator of the relationship between spirituality/religiosity and drinking. *Addictive Behaviors*, *38*, 2647-2652. doi:10.1016/j.addbeh.2013.06.019
40. Forestell, C. A., Dickter, C. L., & **Young, C. M.** (2012). Take me away: The relationship between escape drinking and attentional bias for alcohol-related cues. *Alcohol*, *46*, 543-549. doi:10.1016/j.alcohol.2012.05.001
41. Forestell, C. A., Dickter, C. L., Wright, J. D., & **Young, C. M.** (2012). Clearing the smoke: Parental influences on non-smokers' attentional biases to smoking-related cues. *Psychology of Addictive Behaviors*, *26*, 638-643. doi:10.1037/a0025096

Other Publications

42. Foster, D. W., Bryan, J. L., Nguyen, M-L., Quist, M. C., & **Young, C. M.** (2013). Dial q for quit: Can your phone help you stop smoking? RuiZi Magazine, June 2013.
43. Rodriguez, L. M., DiBello, A. M., **Young, C. M.** & Neighbors, C. (2013). Alcohol and romance: A love/hate relationship. *The Addiction Newsletter*.

Book Chapters

1. **Young, C. M.**, Hove, M. C., Fuller, S., & Neighbors, C. (2020). Self-help approaches for addictions. In B. A. Johnson (Ed.), *Addiction Medicine: Science and Practice, Second Edition*.
2. Neighbors, C., **Young, C. M.**, Krieger, H., & Tackett, J. L. (2016). Social influence, pressure, and norms: Vulnerability for substance use in adolescents. In C. Kopetz and C. Lejuez (Eds.), *Addictions: A Social Psychological Perspective* (pp.170-198). New York, NY: Routledge.

Manuscripts under Review and Revision

1. Arigo, D., **Brown, M. M., **Shank, F., & **Young, C. M.** (under review). Ecological momentary assessment of relations between social interactions and physical activity outcomes among women in midlife with CVD risk conditions. Manuscript submitted for publication in *Annals of Behavioral Medicine*.
2. Fife, D. A., Lund, M., Sullivan, N., & **Young, C. M.** (under review). When values collide: Why scientists argue about open science and how to move forward. Manuscript submitted for publication in *American Psychologist*.
3. Steers, M.-L. N., Wickham, R. E., Tabaczyk, O., **Young, C. M.**, Quist, M. C., Eikenburg, L.B., & Bryan, J. L. (under review). Why do I care? How users' affective ratings of friends' content influence their "cyberoyance" after viewing Facebook posts. Manuscript submitted for publication in *Current Research in Ecological and Social Psychology*.
4. Tomkins, M. M., Quist, M. C., **Shank, F. & **Young, C. M.** (under review). Self-efficacy as a mediator of associations between general causality orientations and well-being. Manuscript submitted for publication in *Journal of Social and Clinical Psychology*.

Manuscripts in Preparation

1. **Young, C. M.**, Leasure, J. L., **Shank, F., *Ryan, P., Sze, C., Najjar, L. Z., Henderson, C. E., & Neighbors, C. (in preparation). Hangover symptoms as a function of alcohol consumption, exercise, and alcohol/weight sensitivity. Manuscript will be submitted to the Alcohol Hangover: Biobehavioral Correlates and Functional Consequences Special Issue of *Addictive Behaviors*.
2. **Young, C. M.**, **Shank, F., & Steers, M.-L. N. (in preparation). Expressive writing as a brief intervention for pregnant individuals during the COVID-19 pandemic. Manuscript will be submitted to *Annals of Behavioral Medicine*.
3. Neighbors, C., Rinker, D. V., **Young, C. M.**, DiBello, A. M., Swanson, A., Krieger, H., Tomkins, M., Crouce, J., Steers, M.-L., Knee, C. R., & Lewis, M. A. (in preparation). A randomized controlled trial of injunctive norms feedback with and without motivational interviewing. Manuscript will be submitted to *Journal of Consulting and Clinical Psychology*.
4. Henderson, C. E., **Young, C. M.**, Leasure, J. L., Najjar, L. Z., Christensen, M., & Neighbors, C. (in preparation). Evaluation of the drinking and physical activity motives (D PAM) measure: Psychometric properties and gender differences. Manuscript will be submitted to *Psychological Assessment*.
5. **Young, C. M.**, Henderson, C. E., Christensen, M., Anderson-White, E., Sze, C., Najjar, L. Z., & Leasure, J. L., Neighbors, C. (in preparation). A latent class analysis of correlates of college student alcohol use and physical activity group membership. Manuscript will be submitted to *Alcoholism: Clinical and Experimental Research*.

6. **Young, C. M.**, Lembo, J. M., Angosta, J., Rodriguez, L. M., Lu, Q., & Neighbors, C. (in preparation). The good, the bad, and the hungover: An analysis of the content and context of heavy drinking events in a brief expressive writing intervention. Manuscript will be submitted to *Addictive Behaviors*.
7. **Young, C. M.**, Riggs, J. L., Cunningham-Erdogdu, P., Angosta, J., Rodriguez, L. M., & Neighbors, C. (in preparation). Development and evaluation of the Guilt about Drinking Consequences Scale. Manuscript will be submitted to *Psychology of Addictive Behaviors*.
8. Bryan, J. L., **Young, C. M.**, Steers, M-L., N., & Quist, M. C. (in preparation). Associations between AEE, negative reinforcement drinking motives, alcohol use, and alcohol related problems among first-year college students. Manuscript will be submitted to *Psychology of Addictive Behaviors*.
9. Bryan, J. L., **Young, C. M.**, Steers, M-L., N., & Quist, M. C. (in preparation). Ambivalence over emotional expression: A summary of the existing literature. Manuscript will be submitted to *Psychological Review*.

Conference Presentations

Conference and Invited Talks

1. **Young, C. M.** (2020, September). Applications of social, emotional, and cognitive influences on health behaviors. Guest speaker at Rice University's Health Psychology and Affective Neuroscience Health Tea.
2. Henderson, C., **Young, C. M.**, Christensen, M., Anderson-White, E., Sze, C., Najjar, L., Z., Leasure, J. L., & Neighbors, C. (2020). A latent class analysis of correlates of college student alcohol use and physical activity group membership. In J. Holt (Chair), *Evidence-Based Interventions for College Student Health Behaviors: Improving Buy In and Navigating Barriers to Implementation*. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Virtual.
3. Neighbors, C., **Young, C. M.**, DiBello, A. M., & Carey, K. B. (2020). Defining ourselves by how we drink. Paper presented at the Annual Meeting of the Research Society on Alcoholism, New Orleans, LA.
4. **Young, C.M.**, Rodriguez, L.M., Tomkins, M., Neighbors, C. (2019, November). In-lab or on a computer far, far away: Moderators of an in-lab versus a remotely-delivered personalized normative feedback intervention. In J.D. Buckner & K. Walukevich Dienst (Chairs), *Extending the reach of therapeutic interventions: Technology-based interventions for risky substance use*. Symposium accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

5. Neighbors, C., Rinker, D. V., **Young, C. M.**, & Lewis, M. A. (2018). A randomized controlled trial of injunctive norms feedback with and without motivational interviewing. In S. A. Hines and R. O'Connor (Co-Chairs), *Advances in the Use of Social Norms in Risky Drinking Research: From Conceptualization to Intervention*. Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
6. **Young, C. M.** & Neighbors, C. (2017). Writing as a novel addition to a personalized feedback intervention. Paper presented at the first Annual Gulf Coast Consortium Alcohol and Addiction Research Symposium, Houston, TX.
7. **Young, C. M.** & Neighbors, C. (2017). Writing wrongs: The impact of a writing component on a personalized normative feedback intervention for college students. In M. Lewis and A. Fairlie (Co-Chairs), *Innovative Interventions to Reduce Alcohol-Related Risk among Diverse Populations: Emergency Department Patients, Veterans, and Young Adults*. Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
8. Pedersen, E. R., Marshall, G. N., Parast, L., Schell, T. L., **Young, C. M.**, & Neighbors, C. (2017). Mediators and moderators of drinking outcomes in a personalized normative feedback intervention study targeting alcohol use and consequences among young adult veterans. In M. Lewis and A. Fairlie (Co-Chairs), *Innovative Interventions for Diverse Young Adult Populations*. Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
9. Richter, A. A., Neighbors, C., **Young, C. M.**, & Buckner, J. D. (2016). The impact of social anxiety on a web-based, event-specific personalized normative feedback intervention. In F. R. Goodman (Chair), *The toxic combination of social anxiety and alcohol use: New findings on motives and context*. Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
10. **Young, C. M.**, Neighbors, C., Rodriguez, L. M., Campbell, M. T., & Lu, Q. (2015). Expressive writing as a brief alcohol intervention. In J. Merrill (Chair) *Diverse Interventions for College Student Drinking: Examining For Whom and How They Work*. Paper presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
11. Neighbors, C., **Young, C. M.**, DiBello, A. M., Rinker, D. V., Rodriguez, L. M., Knee, C. R., & Lewis, M. A. (2015). Injunctive norms, deviance regulation, and social norms interventions. In E. Pedersen (Chair) *Novel Applications of Social Norms Interventions to Target Alcohol Misuse among Young Adults*. Paper presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
12. Steers, M.-L. N., **Young, C. M.**, Quist, M. C., Bryan, J. L., Eikenburg, L. B., Acitelli, L. K., & Foster, D.W. (2015). To “like” or not to “like”: How levels of closeness to Facebook friends influence perceptions of posts. In M.-L. N. Steers (Co-Chair), L.K. Acitelli (Co-Chair). *Extensions of Humankind: Ways in Which Modern Media Redefine Perceptions, Emotional Processes, and Cognitions*. Paper presented at the Annual

Meeting of the Society for Personality and Social Psychology, Long Beach, CA.

13. Ecker, A. E., Richter, A. A., Neighbors, C., **Young, C. M.**, & Buckner, J. D. (2015). Event-specific personalized normative feedback intervention: The impact of social anxiety. Paper presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.
14. Rodriguez, L. M., **Young, C. M.**, Neighbors, C., Tou, R., & Lu, Q. (2015). Cultural differences in an expressive writing alcohol intervention: The role of shame. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, San Antonio, TX.
15. Rodriguez, L. M., **Young, C. M.**, Neighbors, C., Tou, R., & Lu, Q. (2015). Cultural differences in an expressive writing alcohol intervention: The role of shame. Paper presented at the Annual Meeting of the Association for Psychosomatic Society, Savannah, GA.
16. Neighbors, C., Lewis, M. A., LaBrie, J., DiBello, A. M., **Young, C. M.**, Rodriguez, L. M., Rinker, D. V., Knee, C. R., Litt, D., Hamor, E., Jerabeck, J. M., & Larimer, M. E. (2013). Social comparison as an alternative mechanism of PNF efficacy. In Christianne Esposito-Smythers (Chair) *Socially-based brief interventions for adolescents and emerging adults: Outcomes and mechanisms of change*. Paper presented at the Annual Meeting of the Research Society on Alcoholism, Bellevue, WA.
17. Neighbors, C., **Young, C. M.**, & Rodriguez, L. M. (2012). Expressive writing as a potential intervention among college student drinkers. Paper presented at the Annual Meeting of the Research Society on Alcoholism, Orlando, FL.
18. **Young, C. M.**, Dickter, C. L., & Forestell, C. A. (2011). Implicit affective responses to alcohol cues. Paper presented at the Psychology Department Colloquium at the College of William and Mary, Williamsburg, VA.
19. **Young, C. M.**, Dickter, C. L., & Forestell, C. A. (2011). Cue reactivity to alcohol-related stimuli. Paper presented at the Psychology Department Colloquium at the College of William and Mary, Williamsburg, VA.
20. **Young, C. M.** & Hussey, M. A. (2010). Types of prayer: A joint factor analysis. Paper presented at the Mid-America Undergraduate Psychology Research Conference at the University of Southern Indiana, Evansville, IN.

Poster Presentations and Published Abstracts

21. Hall, N. A., **Young, C. M.**, & Neighbors, C. (2022). Interpersonal sensitivity as a moderator of associations among guilt-and shame-proneness and alcohol use. Poster submitted for presentation at the annual meeting of the Research Society on Alcoholism, Orlando, FL.
22. **Young, C. M.**, Leasure, J. L., Shank, F., Najjar, L.Z., Sze, C., Henderson, C. E., & Neighbors, C. (2022). The influences of physical activity, alcohol consumption, and

- weight management behaviors on the likelihood and severity of hangovers. Poster submitted for presentation at the annual meeting of the Research Society on Alcoholism, Orlando, FL.
23. ****Shank, F., *Mahon, L., & Young, C. M. (2022).** Graduate student stressors and coping mechanisms predicting problematic drinking. Poster submitted for presentation at the Annual Meeting of the Research Society on Alcoholism: Orlando, FL.
 24. **Young, C. M., *Joseph, M. J., & **Shank, F. (2022).** Behaviors of weight conscious drinking as moderators of associations between alcohol use and physical activity. Poster accepted for presentation at the annual meeting of the Collaborative Perspectives on Addiction conference, Portland, OR.
 25. ****Shank, F., & Young, C. M. (2022).** Beyond undergraduate education: An exploration of graduate student drinking patterns. Poster submitted for presentation at the annual meeting of the Collaborative Perspectives on Addiction conference, Portland, OR.
 26. **Young, C.M., Rodriguez, L.M., Angosta, J., & Neighbors, C. (2021).** If you design it, will they come? An examination of factors associated with participating in an in-lab writing-based intervention study. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
 27. **Rodriguez, L.M., Young, C.M., Angosta, J., Riggs, J. L., & Neighbors, C. (2021).** Alcohol distress-, and guilt-related narratives: What do students write about? Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
 28. **Neighbors, C., Rodriguez, L. M., Young, C. M., Angosta, J., Riggs, J. L., Cunningham Erdogdu, P., Rice, A., & Lu, Q. (2022).** Preliminary outcomes from a guilt and expressive writing intervention for reducing alcohol use in college students. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Francisco, CA.
 29. ****Shank, F., Young, C. M., Rodriguez, L. M., Angosta, J., & Neighbors, C. (2022).** Anxiety moderates the relationship between loneliness and problematic drinking in college students. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
 30. **Tomkins, M. M., Quist, M. C., **Shank, F., & Young, C. M. (2022).** Self-efficacy as a mediator of associations between general causality orientations and well-being. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
 31. **Rice, A., Longo, G., Angosta, J., **Shank, F., Young, C. M., & Rodriguez, L. M. (2022).** Secrets are no fun: Self-concealment and its association with drinking problems over time. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
 32. **Cunningham-Erdogdu, P., Young, C. M., Longo, G., & Neighbors, C. (2022)** “Oh no she didn’t!”; Individual differences in empathic concern. Posted presented at the Annual

Meeting of the Society for Personality and Social Psychology Conference, San Francisco, CA.

33. **Shank, F., **Young, C. M.**, Rodriguez, L. M., Angosta, J., & Neighbors, C. (2021). Drinking motives mediate associations between loneliness and problematic drinking in college students. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Virtual.
34. Steers, M.-L. N., **Young, C.M.**, Yuhas, A.* , & Huey, M.* (2021). Parties, bars, and bonfires: How college students' drinking and social activities changed (or did not change) in response to COVID-19. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Virtual.
35. **Young, C. M.**, **Shank, F., Gamutan, J., DiBello, A. M., Mastroleo, N. R., & Carey, K. B. (2021). Drinking motives as mediators of prospective associations between college alcohol beliefs and drinking outcomes. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Virtual.
36. **Shank, F., **Young, C. M.**, DiBello, A. M., Mastroleo, N. R., & Carey, K. B. (2021). Predictors of attitudes towards moderate and heavy drinking over time in college students. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Virtual.
37. Najjar, L. Z., **Young, C. M.**, Henderson, C. E., Leasure, J. L., Christensen, M., & Neighbors, C. (2021). Evaluation of the drinking and physical activity motives (DPAM) measure: Psychometric properties and gender differences. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Virtual.
38. *Ryan, P. & **Young, C. M.** (2021). Who has the worst hangovers? An exploration of demographic and individual difference factors associated with hangover symptoms. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Virtual.
39. Yuhas, A., Huey, M., Steers, M-L., N. & **Young, C.M.** (2021). Going out or staying in: How the COVID-19 pandemic has influenced college students' drinking and socializing. Poster presented at the Duquesne University Undergraduate Research and Scholarship Symposium, Virtual Convention.
40. **Young, C. M.**, *Aris, A., & *Pandey, R. (2021). The role of optimism in associations among depressive symptoms, drinking, and problems in college. Poster presented at the Annual Meeting of the Collaborative Perspectives on Addiction, Virtual.
41. **Shank, F. & **Young, C. M.** (2021). Healthier choices? Protective behavioral strategies as a moderator of physical activity and alcohol use. Poster presented at the Annual Meeting of the Collaborative Perspectives on Addiction, Virtual.
42. Arigo, D., Brown, M. M., Shank, F., & **Young, C.M.** (2021). Time-sensitive relations between perceptions of social interactions and physical activity outcomes among midlife women with elevated CVD risk. Poster presented at the 2021 virtual Annual Convention of the Society for Social and Personality Psychology (Health Preconference

Session).

43. **Young, C. M., **Shank, F., Lembo, J. M., Angosta, J., Rodriguez, L. M., & Neighbors, C.** (2021). Exploring the convergent, discriminant, and predictive validity of the guilt and shame about alcohol consequences scale. Poster accepted for presentation at the Annual Meeting of the Society for Personality and Social Psychology, Virtual.
44. ****Shank, F. & Young, C. M.** (2021). Expectations versus reality: Discrepancies between perceptions and actual normative behaviors of college students. Poster accepted for presentation at the Annual Meeting of the Society for Personality and Social Psychology, Virtual.
45. Rodriguez, L. M., Angosta, J., **Young, C. M.,** Lembo, J. M., Cunningham-Erdogdu, P., & Neighbors, C. (2021). "I made a mistake": Creation and validation of a guilt LIWC dictionary. Poster accepted for presentation at the Annual Meeting of the Society for Personality and Social Psychology, Virtual.
46. **Young, C. M.,** Steers, M-L., N., Crist, N, *Aris, A., & *Ryan, P. (2020). Shyness and susceptibility to social influence: Stronger concordance between norms and drinking among shy individuals. Poster accepted for presentation at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
47. Cunningham-Erdogdu, P., Riggs, J., & **Young, C. M.** (2020). Shame it on the alcohol: Gender differences of guilt and shame in the presence of alcohol and context. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
48. *Floria, G. N. & **Young, C. M.** (2020). Are sex-related alcohol expectancies more strongly associated with drinking among lonely college students? Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
49. *Bollendorf, E. A. & **Young, C. M.** (2020). Investigating relationships between aggression, alcohol use, and exercise. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
50. *Ryan, P. & **Young, C. M.** (2020). The day after: An exploration of college students' hangover symptoms and cures. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
51. **Young, C. M.,** Riggs, J. L., Cunningham-Erdogdu, P., Angosta, J., Rodriguez, L. M., & Neighbors, C. (2020). Development and evaluation of the Guilt about Drinking Scale: Exploratory and confirmatory factor analysis. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, New Orleans, LA.
52. Rodriguez, L. M., Lu, Q., **Young, C. M.,** Riggs, J. L., Angosta, J., & Neighbors, C. (2020). When I want to but I can't: Emotion regulation, ambivalence over emotional expression, and drinking to cope. Poster presented at the Annual Meeting of the Society for

Personality and Social Psychology, New Orleans, LA.

53. **Young, C. M.**, Henderson, C. E., Najjar, L. Z., Gasser, M. L., Leasure, J. L., Neighbors, C., & Lindgren, K. P. (2019). The burn and the buzz: Changes in physical activity predict current and future alcohol consumption in young adults. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Minneapolis, MN.
54. **Young, C. M.**, Henderson, C. E., Sullivan, J. M., Sledd, M., Neighbors, C., & Foster, D. W. (2019). A content analysis of pros and cons for changing physical activity and alcohol use behaviors. Poster accepted for presentation at the Annual Meeting of Collaborative Perspectives on Addiction, Providence, RI.
55. *Bollendorf, E. A. & **Young, C. M.** (2019). Investigating relationships between aggression, alcohol use, and exercise. Poster presented at the Rowan University Psychology Research Day, Glassboro, NJ.
56. *Ryan, P. & **Young, C. M.** (2019). The day after: An exploration of college students' hangover symptoms and cures. Poster presented at the Rowan University Psychology Research Day, Glassboro, NJ.
57. Rodriguez, L. M., Onufrak, J., Robinson, E., Lu, Q., **Young, C. M.**, Lembo, J. M., Angosta, J., & Neighbors, C. (2019). Emotion regulation, ambivalence over emotional expression, and drinking to cope. Poster accepted for presentation at the Annual Meeting of Collaborative Perspectives on Addiction, Providence, RI.
58. **Young, C. M.**, Lembo, J. M., Angosta, J., Lu, Q., Rodriguez, L. M., & Neighbors, C. (2018). Guilt and shame proneness as moderators of prospective associations between drinking motives and alcohol-related problems. Poster accepted for presentation at the Annual Meeting of the Society for Personality and Social Psychology, Portland, OR.
59. **Young, C. M.**, Lembo, J. M., Angosta, J., Rodriguez, L. M., Lu, Q., & Neighbors, C. (2018). The good, the bad, and the hangover: An analysis of the content and context of heavy drinking events in a brief, expressive writing alcohol intervention. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies, Washington, DC.
60. Angosta, J., **Young, C. M.**, Lembo, J. M., & Neighbors, C. (2018). The effects of facial flushing on problem drinking among different Asian ethnic subgroups. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies, Washington, DC.
61. **Young, C. M.**, Neighbors, C., Lewis, M. A., & LaBrie, J. W. (2017). Social identity does not moderate the efficacy of personalized normative feedback interventions for reducing drinking among college students: Evidence from three randomized controlled trials. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Atlanta, GA.

62. Quist, M. C., **Young, C. M.**, & Tomkins, M. M. (2017). I can do what I want: The effects of self-determination and self-efficacy on health and well-being. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Atlanta, GA.
63. Najjar, L. Z., Leasure, J. L., Henderson, C. E., **Young, C. M.**, & Neighbors, C. (2017). Religious perceptions of alcohol consumption and drinking behaviours among religious and non-religious individuals. Paper accepted for presentation at the Annual Meeting of the European Health Psychology Society, Padova, Italy.
64. Henderson, C. E., Leasure, J. L., **Young, C. M.**, Najjar, L. Z., & Neighbors, C. (2017). Executive functioning moderates the longitudinal associations between exercise and alcohol use. Poster presented at the Annual Conference of the Association for Behavioral and Cognitive Therapies. San Diego, CA.
65. Walukevich, K. A., Neighbors, C., **Young, C. M.**, Crist, N. P., & Buckner, J. D. (2017). Event-specific personalized normative feedback intervention for a high-risk drinking holiday. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
66. **Young, C. M.** & Neighbors, C. (2016). Evaluation of a writing component as part of a personalized normative feedback intervention among college students. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Denver, CO.
67. Rinker, D. V., **Young, C. M.** & Neighbors, C. (2016). A randomized controlled trial of injunctive norms feedback with and without motivational interviewing. Poster presented at the Annual Meeting of the Research Society on Alcoholism, Denver, CO.
68. Najjar, L. Z., Leasure, J. L., Henderson, C. E., **Young, C. M.**, & Neighbors, C. (2016). Religious perceptions of alcohol consumption and drinking behaviors among religious and non-religious individuals. Poster presented at the Annual Meeting of the Association for Psychological Science, Boston, MA.
69. **Young, C. M.**, Pedersen, E. R., & Neighbors, C. (2016). Drinking to cope moderates the efficacy of changing veteran drinking norms as a strategy for reducing drinking among U.S. veterans. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.
70. Lembo, J. M., **Young, C. M.**, & Neighbors, C. (2016). Dissatisfied drinkers: The role of satisfaction with life on future drinking intentions. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Antonio, TX.
71. Najjar, L. Z., **Young, C. M.**, Hoyt, A., Henderson, C. E., Neighbors, C., & Leasure, J. L. (2016). Is there an implicit association between physical activity and alcohol consumption? Poster presented at the Annual Meeting of the International Behavioral Neuroscience Society, Budapest, Hungary.
72. **Young, C. M.** & Neighbors, C. (2016). Personalized normative feedback and expressive writing: A comparison of brief interventions to reduce drinking intentions among college

- students. Poster presented at the Annual Meeting of the Research Society on Alcoholism, New Orleans, LA.
73. DiBello, A.M., Miller, M.B., **Young, C.M.**, & Neighbors, C. (2016). Drinking identity, drinking to cope, and alcohol-related problems. Poster presented at the Annual Meeting of the Research Society on Alcoholism, New Orleans, LA.
 74. **Young, C. M.**, Neighbors, C., DiBello, A. M., Sharp, C., Zvolensky, M. J., & Lewis, M. A. (2016). Coping motives moderate the efficacy of personalized normative feedback among heavy drinking college students. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, San Diego, CA.
 75. **Young, C. M.**, Rodriguez, L. M., & Neighbors, C. (2015). Dyadic associations among drinking, self-concealment, gender, and alcohol-related problems in couples. Poster presented at the Annual Meeting of the Addictive Behaviors Special Interest Group at the Association for Behavioral and Cognitive Therapies Conference, Chicago, IL.
 76. Foster, D. W., Pai, A. A., **Young, C. M.**, & Ravid, M. G. (2015). Influences of drinking motives and depressive symptoms on hookah use frequency among multi-substance users. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
 77. DiBello, A. M., Rodriguez, L. M., **Young, C. M.**, Preddy, T. M., & Neighbors, C. (2015). I need a drink: An examination of need satisfaction, romantic jealousy, drinking to cope, and alcohol-related problems. Poster presented at the Annual Meeting of the Research Society on Alcoholism, San Antonio, TX.
 78. Gonzales, R., DiBello, A. M., **Young, C. M.**, & Neighbors, C., (2014). Blood is thicker than booze: Examining the role of familism, ethnicity, and gender in problem drinking. Poster presented at the Council of University Directors of Clinical Psychology Diversifying Clinical Psychology Conference, Albuquerque, NM.
 79. **Young, C. M.**, DiBello, A. M., Traylor, Z. K., Zvolensky, M. J., & Neighbors, C. (2014). Bad medicine: Shyness, coping motives, and drinking do not mix well. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
 80. Quist, M. C., **Young, C. M.**, Steers, M.-L. N, Bryan, J. L., Knee, C.R., & Foster, D. W. (2014). You gotta have faith, but not the kind you think: Types of religiosity and their associations with guilt, anxiety, and depression. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Long Beach, CA.
 81. Quist, M. C., Bryan, J. L., **Young, C. M.**, Steers, M-L. N., & Knee, C. R. (2014). Are you there, God? The effect of religious coping on the relationship between anxiety over emotional expression, anxiety, and depression. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

82. Steers, M.-L. N., **Young, C. M.**, Quist, M. C., Eikenburg, L. B. & Neighbors, C. (2014). All you need are “likes”: How self-esteem moderates the relationship between the need to belong and time spent on Facebook. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
83. **Young, C. M.**, DiBello, A. M., Traylor, Z. K., Quist, M. C., Steers, M.-L. N., Bryan, J. L., Foster, D. W., & Neighbors, C. (2014). You look like I could use a drink: Perceived attractiveness and likeability of faces as a function of drinking status. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
84. Nguyen, M.-L., Bryan, J. L., Quist, M.C., Caraway, L., LeRoy, A. S., & **Young, C. M.** (2014). Out of control emotions: Ambivalence over emotional expression as a moderator of the link between perceived control and depressive symptoms. Poster presented at the Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
85. **Young, C. M.**, Bryan, J. L., Nguyen, M.-L., Quist, M. C., Foster, D. W., & Neighbors, C. (2014) Pet pals: The influence of pet affinity and conscientiousness on perceived social support. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
86. Bryan, J. L., Nguyen, M.-L., Quist, M. C., **Young, C. M.**, Foster, D. W., Rodriguez, R. R., & Lu, Q. (2014). Puppy love: Pet affinity as a mediator of the relationship between openness to new experience and social support. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
87. Grochett, C., Nguyen, M.-L., Quist, M. C., Bryan, J. L. Foster, D.W., **Young, C. M.**, & Acitelli, L. K. (2014). Helpless to speak: The moderating effect of ambivalence over emotional expression on the relationship between helplessness and depressive symptoms. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
88. Quist, M. C., Bryan, J. L., Nguyen, M.-L., Foster, D. W., **Young, C. M.**, & Knee, C.R. (2014). Who needs you? I've got my dog: Pet affinity and relatedness predict positive self-statements. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
89. Foster, D. W., Nguyen, M.-L., Quist, M. C., Bryan, J. L. & **Young, C. M.** (2014). Friendship contingent self-esteem as a moderator of the effect of fear of negative evaluation on Facebook time. Poster presented at the Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.
90. Nguyen, M. L., Bryan, J. L., Quist, M. C., Caraway, L., Leroy, A. S., & **Young, C. M.** (2014). Out of control emotions: Ambivalence over emotional expression as a moderator of the link between perceived control and depressive symptoms. In *Annals of Behavioral Medicine* (vol. 47, pp. S273-s273). 233 Spring St, New York, NY 10013 USA: Springer.

91. **Young, C. M.**, Foster, D. W., Nguyen, M.-L., Quist, M., Bryan, J. L., & Neighbors, C. (2013). Top s(h)elf identity: Self-control as a moderator of the relationship between drinking identity and alcohol use. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
92. **Young, C. M.**, Thomas, R. S., & Neighbors, C. (2013). Religious self-regulation and drinking to cope. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
93. Pai, A., Foster D. W., **Young, C. M.**, & Neighbors, C. (2013). Weighing the pros and cons: A decisional balance intervention for college drinkers. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
94. Foster D. W., Pai, A., **Young, C. M.**, & Neighbors, C. (2013). Decisional balance: A randomized controlled trial evaluating decisional balance as a moderator of alcohol intervention efficacy. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
95. Quist, M.C., Nguyen, M.-L., **Young, C. M.**, Bryan, J., Foster, D. W., & Knee, C.R. (2013). I am drinking: The influence of vertical individualism and drinking identity on alcohol consumption. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
96. Bryan, J. L., Nguyen, M.-L., Quist, M., **Young, C. M.**, Foster, D. W., & Lu, Q. (2013). Canine comfort: Pet affinity buffers the negative impact of ambivalence over emotional expression on perceived social support. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
97. Nguyen, M.-L., Quist, M., Foster, D. W., Bryan, J. L., **Young, C. M.**, & Acitelli, L. K. (2013). Divulge or indulge? Emotional expression as a buffer against alcohol abuse. Poster presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
98. **Young, C. M.**, Foster, D. W., Quist, M., Nguyen, M.-L., Bryan, J., Samuel, J., & Neighbors, C. (2013). Social drinking refusal self-efficacy moderates the effect of intent to drink on drinking abstinence. Poster presented at the Annual Meeting of the American Psychological Association, Honolulu, HI.
99. Foster, D. W., **Young, C. M.**, Quist, M., Bryan, J., Nguyen, M.-L., Pai, A., & Neighbors, C. (2013). Benefit finding as a moderator of the relationship between spirituality/religiosity and drinking. Poster presented at the Annual Meeting of the American Psychological Association, Honolulu, HI.
100. _____ Nguyen, M.-L., **Young, C. M.**, Foster, D. W., Quist, M., Bryan, J., & Acitelli, L. K. (2013). Tears in our beers: Gender differences in depressive symptoms, coping drinking motives, and alcohol. Poster presented at the Annual Meeting of the American Psychological Association, Honolulu, HI.

101. _____ Quist, M., Foster, D. W., **Young, C. M.**, Nguyen, M.-L., Bryan, J. L., & Knee, C. R. (2013). Readiness to change moderates the effect of social desirability on drinking among pre-contemplators. Poster presented at the Annual Meeting of the American Psychological Association, Honolulu, HI.
102. _____ Bryan, J., Nguyen, M.-L., Foster, D. W., **Young, C. M.**, Quist, M., Richardson, N., & Lu, Q. (2013). Expressive Writing; A randomized controlled trial among Stargardt's disease patients. Poster presented at the Annual Meeting of the American Psychological Association, Honolulu, HI.
103. **Young, C. M.**, Foster, D. W., Nguyen, M.-L., Bryan, J., Quist, M., & Neighbors, C. (2013). Family ties and keeping dry: Readiness to change as a moderator of the effect of family history on drinking. *Alcoholism: Clinical and Experimental Research*, 37(s2), 207. doi: 10.1111/acer.12162. Poster presented at the 2013 Annual Scientific Meeting of the Research Society on Alcoholism, Orlando, FL.
104. Foster, D. W., **Young, C. M.**, Bryan, J. L., Nguyen, M.-L., Quist, M., & Neighbors, C. (2013). You are what you drink? Drinking identity, decisional balance, and alcohol related problems. *Alcoholism: Clinical and Experimental Research*, 37(s2), 215. doi: 10.1111/acer.12451. Poster presented at the 2013 Annual Scientific Meeting of the Research Society on Alcoholism, Orlando, FL.
105. DiBello, A.M., Øverup, C., Rodriguez, L., **Young, C. M.**, & Neighbors, C. (2013). Jealous and alcohol use: It's not about how much you drink, it's about why and what happens. *Alcoholism: Clinical and Experimental Research*, 37(s2), 91. doi: 10.1111/acer.12162. Poster presented at the 2013 Annual Scientific Meeting of the Research Society on Alcoholism, Orlando, FL.
106. **Young, C. M.**, Dickter, C. L., & Forestell, C. A. (2012). Take me away: Escape drinking and attentional bias to alcohol cues in college students. Poster presented at the Graduate Research Symposium, the College of William and Mary, Williamsburg, VA.
107. Heller, M. A., Schnarr, R., Litwiller, B., **Young, C. M.**, Smith, A. & Walk, A. (2009). The St. Louis arch horizontal-vertical illusion. Poster presented at the Annual Meeting of the Psychonomic Society, Boston, MA.

Mentoring and Teaching

Teaching

Rowan University

Assistant Professor

- Essentials of Psychology (undergraduate)
Section 43726 (n=19); Fall 2021
- Personality Psychology (undergraduate)
Section 10057 (n=33); Winter 2020-2021; online

- Section 23750 (n=35); Spring 2021; Hyflex
- Section 25577 (n=36); Spring 2021: Hyflex
- Research Clinic in Psychology (undergraduate)
 - Section 42430 (n=6); Fall 2020
 - Section 43433 (n=13); Fall 2021
- Social Issues in Health and Wellness (graduate)
 - Section 30356 (n=12); Summer 2019
 - Section 30360 (n=6); Summer 2020
 - Section 30210 (n=7); Summer 2021
- Social Psychology (undergraduate)
 - Section 40250 (n=30); Fall 2018
 - Section 40254 (n=35); Fall 2018
 - Section 22013 (n=35); Spring 2019
 - Section 22014 (n=35); Spring 2019
 - Section 43285 (n=35); Fall 2019
 - Section 43286 (n=35); Fall 2019
 - Section 43291 (n=34); Fall 2019; online
 - Section 23709 (n=35); Spring 2020
 - Section 23710 (n=32); Spring 2020
 - Section 23713 (n=35); Spring 2020; online
 - Section 42408 (n=35); Fall 2020; online
 - Section 42409 (n=35); Fall 2020; online
 - Section 23549 (n=35); Spring 2021; online
 - Section 30208 (n=21); Summer 2021; online
 - Section 43619 (n=36); Fall 2021; online

Cypress-Fairbanks Independent School District

Instructor

- Intermediate level English as a Second Language
 - Fall 2017 (n=12)
 - Spring 2018 (n=9)

University of Houston

Course Instructor

- Introduction to Social Psychology
 - Section 20588 (n=45); Spring 2016
 - Section 20589 (n=45); Spring 2016
 - Section 26311 (n=80); Fall 2016
 - Section 18541 (n=80); Spring 2017
 - Section 21084 (n=80); Fall 2017
 - Section 18060 (n=55); Spring 2018
- Research Methods in Psychology Lab
 - Section 23129 (n=35); Fall 2015
 - Section 23131 (n=35); Fall 2015

Guest Lecturer

- Psychology as a Profession and Practice; Social Psychology Training and Careers; Fall 2018
- Introduction to Psychology; Learning and Memory; Spring 2017

- Graduate Seminar: Foundations of Health Psychology; Writing and Health; Fall 2016
- Graduate Seminar: Social Psychology and Health Behavior; Shame and Guilt; Fall 2016
- Cultural Psychology; Applied Cross-Cultural Psychology; Summer 2015
- Introduction to Social Psychology; Social Influence; Spring 2015
- Introduction to Social Psychology; Social Influence; Fall 2014
- Personality Psychology; Personality and Health; Summer 2014

Teaching Assistant

- Introduction to Social Psychology; Fall 2012
- Multicultural Psychology; Fall 2012

The College of William and Mary

Teaching Assistant

- Cognition and Thinking; Fall 2011, Spring 2012
- Research Methods; Fall 2010, Spring 2011, Summer 2011

Student Advising/Research Mentoring

Rowan University

PhD Students (Adviser)

Faith Shank (Clinical Psychology, PhD, 202X)

PhD Students (Dissertation Committee Member):

Nicole Cantor (Clinical Psychology, PhD, 2021)

Matthew Dwyer (Clinical Psychology, PhD, 202X)

Alexander Jaffe (Clinical Psychology, PhD, 2021)

Ebru Yucel (Clinical Psychology, PhD, 202X)

PhD Students (Thesis Committee Member):

Megan Brown (Clinical Psychology, PhD, 202X)

Danika Charles (Clinical Psychology, PhD, 202X)

Nicole Kelso (Clinical Psychology, PhD, 202X)

Erin McKenney (Clinical Psychology, PhD, 202X)

Alexandra Nicoletti (Clinical Psychology, PhD, 202X)

Thomas O'Kane (Clinical Psychology, PhD, 202X)

Kristen Pasko (Clinical Psychology, PhD, 202X)

Caitlyn Upton ((Clinical Psychology, PhD, 202X)

Undergraduate Research Assistants:

Erik Bollendorf (10/18-Present)

Paige Ryan (10/18-Present)

Alexcia Aris (1/19-3/20)

Sabrina Salas (2/19-12/19)

Tia Rodgers (2/19-Present)

Gianna Floria (6/19-5/20)

Leah Mahon (6/21-Present)

Nicholas May (3/20-10/20)

Rohini Pandey (3/20-Present)

Jonathan Gamutan (3/20-Present)

Yesenia Rijo-Morales (2/21-Present)

Merrin Joseph (2/21-Present)

Leah Mahon (6/21-Present)

Undergraduate Learning Assistants:
Gianna Floria (9/19-5/20)

University of Houston

PhD Students (Dissertation Committee Member):

Laian Najjar (Developmental, Cognitive, and Behavioral Neuroscience, PhD, 202X)

Honors Undergraduate Students (Committee Member):

Andrew Pearson (Psychology, BA, 2017)

Undergraduate Research Assistants:

Matthew Smith (06/17-12/17)

Collin Smith (01/17-12/17)

Andrew Pearson (12/15-05/18)

Alexandra Roark (08/14-05/15)

Mira Mirza (08/14-05/15)

Joe Ammar (08/13-06/14)

Zenhessi Guerra (01/14-05/14)

Zachary Traylor (01/13-08/15)

Amanda Trader (01/13-06/13)

Jennifer Samuel (09/12-06/13)

Grants, Fellowships, Honors, and Awards

Frances R. Lax Fund for Faculty Development, Rowan University	2019
Junior Faculty Travel Award, Rowan University	2019
Postdoctoral Travel Award, University of Houston	2017
ABCT Addictive Behaviors Student of the Month, April	2016
SPSP Graduate Student Travel Award Winner	2014
Departmental Conference Travel Award, University of Houston (X8)	2013-2016
APA Convention Division 50 Travel Award	2013
Presidential Fellowship, University of Houston	2012-2014
Arts and Sciences Graduate Research Grant, College of William and Mary (X2)	2011
Fred L. Jaffe Research Award	2009
Phi Alpha Eta initiate	2008
Provost's List	2008
Named to EIU Rising Stars top 100 sophomores	2008
Continuing Student Scholarship	2007-2009
Herbert Laskey Association of Honors Students Scholarship	2007
Top 5 candidate for the EIU President's Award	2007
Phi Eta Sigma initiate	2007
Dean's List	2006-2010

Ad-Hoc Reviewing

Addiction

Addictive Behaviors

Addiction Research and Theory
Alcoholism: Clinical and Experimental Research
American Journal of Drug and Alcohol Abuse
American Journal on Addictions
Anxiety, Stress, and Coping
Applied Psychology: Health and Well-being
BMJ Open
Cyberpsychology, Behavior, and Social Networking
Death Studies
Drugs: Education, Prevention, and Policy
European Journal of Social Psychology
International Journal of Health Promotion and Education
Journal of Adolescence
Journal of American College Health
Journal of Clinical Medicine
Journal of Consulting and Clinical Psychology
Journal of Ethnicity in Substance Abuse
Journal of Health Psychology
Journal of Interpersonal Violence
Journal of Substance Use
Journal of Studies on Alcohol and Drugs
Nicotine & Tobacco Research
Nordic Studies on Alcohol and Drugs
Philosophical Psychology
PLOS One
Psychology and Health
Psychology of Addictive Behaviors
Substance Use & Misuse

Clinical Research Experience

Intervention provider, University of Houston (10/14-08/15)

Received training in motivational interviewing and served as an intervention provider for a motivational enhancement intervention on an NIAAA funded trial evaluating injunctive norms based personalized feedback to reduce college student drinking.

PI: Clayton Neighbors, R01AA014576-07A2

Clinical Supervisor: Jessica M. Cronce, PhD (University of Oregon)

Professional Service

American Psychological Foundation

October 2021-Present

Grant Reviewer

Rowan Undergraduate Research Planning Committee Chair	May 2021-Present
Rowan Research Conference Committee Member	May 2021-Present
Rice University's Health Psychology and Behavioral Medicine Health Tea Invited Speaker	September 2020
Rowan Psychology Department Diversity, Equity, and Inclusion Committee Member	2020 - Present
Rowan Psychology Doctoral Diversity, Equity, and Inclusion Committee Co-Chair	2019 - Present
Association for Behavioral and Cognitive Therapies Program Committee	2019 - Present
Southern New Jersey FIRST Lego League Championship Core Values Judge	2019
Society for Social and Personality Psychology (SPSP) Undergraduate poster reviewer	2018 - 2020
PLOS One Academic Editor	2018
Psi Chi University of Houston Chapter Invited speaker	2017
Science and Engineering Fair of Houston Place Award Judge	2016-2018, 2021
Society for Social and Personality Psychology (SPSP) Student Poster Award reviewer	2016 - 2018
Graduate Advocacy Group Secretary and Founding Member	2015 – 2016
Journal of Interpersonal Relations, Intergroup Relations, and Identity Reviewer and guest editor	2009 - 2011

Quantitative, Methodological, and Grant Writing Experience

Advanced Statistics, Lee Kirkpatrick, PhD
Multivariate Analysis, Lee Kirkpatrick, PhD

Introduction to Psychological Statistics, Siva Tian, PhD
Introductory Statistics and Experimental Design, David Francis, PhD
Grant Writing, Clayton Neighbors, PhD
Social Psychology Methodology, C. Raymond Knee, PhD
Multivariate Methods, David Francis, PhD
Structural Equation Modeling, Margit Wiesner, PhD
Dyadic Data Analysis, Lindsey Rodriguez, PhD
Applied Methods in Social Psychology, Clayton Neighbors, PhD

Proficiencies and Training

Statistical packages: Statistical Analysis Software (SAS); Statistical Package for the Social Sciences (SPSS); HLM; Mplus; AMOS

Survey tools: DatStat; Inquisit; Linguistic Inquiry and Word Count (LIWC); Qualtrics; Media Lab; ePrime; Matlab

Question Persuade Refer (QPR) Suicide Prevention Training at the University of Houston Counseling and Psychological Services

Title IX Sexual Misconduct Reporter Training at the University of Houston Office of Equal Opportunity Services

Mental Health First Aid Training at the University of Houston Wellness Center 06/2018 – 06/2021

Participant in the University of Utah NRMN U01 Grant Writing Coaching Groups Study 08/21-12/21

Professional Memberships

Association for Behavioral and Cognitive Therapies (ABCT)
American Psychological Association (APA)
Association for Psychological Science (APS)
Gulf Coast Consortia Alcohol and Addiction Research Cluster (GCC-AAR)
National Center for Faculty Development & Diversity (NCFDD)
Psi Chi
Research Society on Alcoholism (RSA)
Society of Addiction Psychology (APA Division 50)
Society for Personality and Social Psychology (SPSP)

*Denotes Rowan University undergraduate student contribution

**Denotes Rowan University graduate student contribution

Last updated: 12/19/21