

GROW (Growth, Resilience, and Optimism at Work)

I am trained as a Social and Industrial/Organizational Psychologist, and have a strong interest in applying principles of Positive Psychology to understanding and improving life in the workplace. There are two major research streams currently active within the GROW laboratory. One focuses on Perceived Organizational Support (POS) which is defined as the degree to which an individual feels valued and supported by and within their organization. I am interested in examining the degree to which self-disclosure and other variables (such as a focus upon employee wellness) impact upon the development of POS, and am also interested in expanding the examination of POS to higher education contexts. Another research area includes GRIT (defined as passion and perseverance) within various institutions and organizations. Are there certain experiences or activities that students can participate in that can contribute to GRIT, and perhaps an associated possibility of greater professional commitment and success? My office is located in 115D Robinson Hall, in the Psychology Office on the first floor. Please feel free to email me at davis-lamastro@rowan.edu, or stop by and discuss your interests!